Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 Daily News 10:00 Rise & Shine Social 11:00 Bible Study 2:00 Game Time! 3:00 Matinee Movie & Popcorn!	9:00 Daily News 10:30 Senior Ball Fitness 11:15 1 on 1 Visists 1:00 Sing Fit 2:00 Bingo Blitz 3:00 Family Feud 4:00 Wind Down Time	9:00 Daily News 10:30 Resistant Band Exercises 11:15 Play time with Poppy the puppy! 1:00 Shopping @ Walmart 2:00 2nd Shopping @ Walmart 3:00 Card Games 4:00 Getting your walking steps in!	9:00 Daily News 10:30 60's Music Chair Workout 11:00 Bible Devotional 1:00 Sing Fit 2:00 Prize Bingo 3:00 Cross Words Trivia 4:00 Wind Down Time	9:00 Daily News 10:30 Stretching for Seniors 11:15 1 on 1 Visists 1:00 Dominoes 1:15 Christmas Story Book Land 4:00 Getting Your walking Steps in!	9:00 Daily News 10:30 Senior Ball Fitness 11:15 1 on 1 Visists 1:00 Sing Fit 2:00 Making Christmas Décor 3:00 Bunco 4 Candy Bars 4:00 Getting Your Walking Steps in!	9:00 Daily News 10:00 Rise & Shine Social 11:00 Puzzle Time 1:00 Guess who Game Time 3:00 Snacktivity
9:00 Daily News 10:00 Rise & Shine Social 11:00 Bible Study 2:00 Game Time! 3:00 Matinee Movie & Popcorn!	9:00 Daily News 10:30 Senior Ball Fitness 11:15 1 on 1 Visists 1:00 Sing Fit 2:00 Bingo Blitz 3:00 Family Feud 4:00 Wind Down Time	9:00 Daily News 10:30 Resistant Band Exercises 11:15 Play time with Poppy the puppy! 1:00 Shopping @ Dollar Tree 2:00 2nd Shopping @ Dollar Tree 3:00 Card Games 4:00 Getting your walking steps in!	9:00 Daily News 10:30 60's Music Chair Workout 11:00 Bible Devotional 1:00 Sing Fit 2:00 Prize Bingo 3:00 Cross Words Trivia 4:00 Wind Down Time	9:00 Daily News 10:30 Stretching for Seniors 11:15 1 on 1 Visists 1:00 Dominoes 2:00 Crafting Winter Lumiere's 4:00 Umpqua Valley Festival of Lights	9:00 Daily News 10:30 Senior Ball Fitness 11:15 1 on 1 Visists 1:00 Sing Fit 2:00 Rummy Cards 3:00 Bunco 4 Candy Bars 4:00 Getting Your Walking Steps in!	9:00 Daily News 10:00 Rise & Shine Social 11:00 Puzzle Time 1:00 Guess who Game Time 3:00 Snacktivity
9:00 Daily News 10:00 Rise & Shine Social 11:00 Bible Study 2:00 Game Time! 3:00 Matinee Movie & Popcorn!	9:00 Daily News 10:30 Senior Ball Fitness 11:15 1 on 1 Visists 1:00 Sing Fit 2:00 Bingo Blitz 3:00 Family Feud 4:00 Wind Down Time	9:00 Daily News 10:30 Resistant Band Exercises 11:15 Play time with Poppy the puppy! 1:00 Shopping @ Valley River Mall 2:00 2nd Shopping @ Valley River Mall 3:00 Card Games 4:00 Getting your walking steps in!	9:00 Daily News 10:30 60's Music Chair Workout 11:00 Bible Devotional 1:00 Sing Fit 2:00 Prize Bingo 3:00 Cross Words Trivia 4:00 Wind Down Time	9:00 Daily News 10:30 Stretching for Seniors 11:15 1 on 1 Visists 1:00 Dominoes 2:00 Making Christmas Cookies 3:00 Balloon Volleyball 4:00 Getting Your walking Steps in!	9:00 Daily News 10:30 Senior Ball Fitness 11:15 1 on 1 Visists 11:30 Christmas Dinner Celebration 2:00 Rummy Cards 3:00 Bunco 4 Candy Bars 4:00 Getting Your Walking Steps in!	9:00 Daily News 10:00 Rise & Shine Social 11:00 Puzzle Time 1:00 Guess who Game Time 3:00 Snacktivity
9:00 Daily News 10:00 Rise & Shine Social 11:00 Bible Study 2:00 Game Time! 3:00 Matinee Movie & Popcorn!	9:00 Daily News 10:30 Senior Ball Fitness 11:15 1 on 1 Visists 1:00 Party Set Up! 2:00 Resident Christmas Party 3:00 Resident Christmas Party 4:00 Wind Down Time	9:00 Daily News 10:30 Resistant Band Exercises 11:15 Play time with Poppy the puppy! 1:00 Shopping @ Goodwill 2:00 2nd Shopping @ St. Vincent de Paul 3:00 Card Games 4:00 Getting your walking steps in!	9:00 Marry Christmas River Grove Residents! 10:30 60's Music Chair Workout 11:00 Bible Devotional 1:00 Sing Fit 2:00 Prize Bingo 3:00 Cross Words Trivia 4:00 Wind Down Time	9:00 Daily News 10:30 Stretching for Seniors 11:15 1 on 1 Visists 1:00 Dominoes 2:00 Making Snowflakes 3:00 Balloon Volleyball 4:00 Getting Your walking Steps in!	9:00 Daily News 10:30 Senior Ball Fitness 11:15 1 on 1 Visists 1:00 Sing Fit 2:00 Rummy Cards 3:00 Bunco 4 Candy Bars 4:00 Getting Your Walking Steps in!	9:00 Daily News 10:00 Rise & Shine Social 11:00 Puzzle Time 1:00 Guess who Game Time 3:00 Snacktivity
9:00 Daily News 10:00 Rise & Shine Social 11:00 Bible Study 2:00 Game Time! 3:00 Matinee Movie & Popcorn!	9:00 Daily News 10:30 Senior Ball Fitness 11:15 1 on 1 Visists 1:00 Sing Fit 2:00 Bingo Blitz 3:00 Resident Council Meeting 4:00 Wind Down Time	9:00 Daily News 10:30 Resistant Band Exercises 11:15 Play time with Poppy the puppy! 1:00 Shopping @ Dollar Tree 2:00 2nd Shopping @ Dollar Tree 3:00 Card Games 4:00 Getting your walking steps in!				

